

## Reflection on Studying and Homework

After studying fill this out, no need for complete sentences:

<b>Date:</b>	
<b>Amount of time studying/working:</b> Did your time change from the past?	
<b>Reflection Point:</b> What new strategy did you try today?	
<b>Reflection Point:</b> How was this different from how you usually study?	
<b>Pros:</b> What do you like about what you did today?	
<b>Cons:</b> What would you change about what you did today	
<b>Thoughts:</b> What do you think is most important about how you study/work?	
<b>Questions:</b> Do you have any questions or need help in any way with your study/work habits?	

